


The Mayflower Assisted Living October 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10:00 Chair Exercise 10:30 Watercolor Hour 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 5:00 Catholic Mass/IL	2 10:00 Devotions & Hymns 10:30 Chair Exercise 2:00 Jingo Game 3:00 Refreshment Cart	3 10:00 Chair Exercise 10:30 Colored Pencil Art 3:00 Sixties By Two Band Supervised Voting General Election 9:00-3:00	4 10:00 Chair Exercise 10:30 Bingo 2:00 Rummikub Game 3:30 Sing Along Time	5 10:00 Chair Exercise 11:00 Jewish Pavilion/IL 11:00 Memory Chi 3:00 Bingo 4:00 Room Visits
		6 9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:00 Janie's Variety Music Show	7 10:00 Chair Exercise 10:30 Sing Along Time 2:00 Outdoor Strolls 3:00 Refreshment Cart	8 10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:00 Ukulele Sing Along with Emily	9 10:00 Devotions & Hymns 10:30 Chair Exercise 3:00 Monthly Birthday Party with Sydney on the Strings	10 10:00 Chair Exercise 10:30-1:00 Flu Shot Clinic 11:00 Pet Visits with Thor 3:00 Jazzy Jon
13 9:00 Devotions 9:30 Catholic Mass 10:30 Bingo with Ranae & Natalia 2:00 Chair Exercise 3:30 Music with Ginger!	14 10:00 Chair Exercise 10:30 Sing Along Time 2:00 Music Bingo 3:00 Refreshment Cart	15 10:00 Chair Exercise 10:30 Arts & Crafts with Jackie 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:30 Harmony 123	16 10:00 Devotions & Hymns 10:30 Chair Exercise 3:00 Make & Take Fall Flower Arranging	17 10:00 Chair Exercise 10:30 Halloween Craft Time 3:00 Sixties By Two Band	18 10:00 Chair Exercise 10:30 Bingo 2:00 Trivia Time 3:30 Sing Along Time	19 10:00 Chair Exercise 11:00 Memory Chi 3:00 Bingo 4:00 Room Visits
20 9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:00 Janie's Variety Music Show	21 10:00 Chair Exercise 10:30 Sing Along Time 2:00 Watercolor Hour 3:00 Resident Meeting	22 10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:30 Bingo with the Park Maitland Volunteers	23 10:00 Devotions & Hymns 10:30 Chair Exercise 2:00 Sing Along Time 3:00 Jazzy Jon	24 10:00 Chair Exercise 11:00 French Horn Music with Michael Barr 3:00 Pumpkin Decorating	25 10:00 Chair Exercise 10:30 Bingo 2:00 Music Bingo 3:00 Craft Time with Mary	26 10:00 Chair Exercise 11:00 Memory Chi 3:00 Bingo 4:00 Sing Along Time
27 9:00 Devotions 9:30 Catholic Mass 10:30 Bingo with Natalia & Ranae 2:00 Chair Exercise 3:30 Music with Ginger!	28 10:00 Chair Exercise 10:30 Sing Along Time 2:00 Special Music with David Scott 3:30 Refreshment Cart	29 10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:00 Watercolor Hour	30 10:00 Devotions & Hymns 10:30 Chair Exercise 2:00 Jingo Game 4:00 Trick or Treaters from Park Maitland	31 10:00 Chair Exercise 10:30 Colored Pencil Art 3:00 Halloween Happy Hour with The Sixties By Two Band	IN ROOM SUPPLIES AVAILABLE CROSSWORD PUZZLES, WORD SEARCH, MUSIC, MAGAZINES AND NEWSPAPERS. WE CAN ALSO PROVIDE FACETIME CALLS. LET US KNOW HOW WE CAN ENHANCE YOUR IN ROOM ENJOYMENT! PLEASE DON'T HESITATE TO ASK. CALL TRAYCE AT 407- 672-1620 x1121 Activities are Subject to Change***	