



WINSLOW DINING

# Menu

Sunday Brunch – June 30<sup>th</sup>

## Starters

### Turkey & Wild Rice Soup (2)

Tender Shredded Turkey & Wild Rice in a Rich Turkey Broth

### Hummus & Tabbouleh (3)

Served with Peta Wedges

### Tomato Basil Soup (2)

Chunky Tomatoes & Fresh Basil in a Creamy Stock

### House Salad (2)

Romaine, Tomatoes, Cucumber, Carrots, Onion, Choice of Dressing

### Fresh Fruit Display (5)

Sliced Fresh Fruit & Garden Berries

### Strawberry Salad (2)

Sweet Strawberries, Field Greens, Toasted Pecans & Banana Bread Croutons with White Balsamic Vinaigrette

## Entrées

### Blueberry Pancakes (12)

Whipped Lemon Butter

### Chef's Brunch Creation (15)

Breakfast Burrito with Salsa

### Poached Salmon (12)

Dill Hollandaise

### Ham, Onion & Cheddar Omelet (12)

### Mayflower Breakfast (15)

Over Easy or Scrambled Eggs, Bacon or Sausage, Breakfast Potatoes, Jam, Toast

### Roasted Garlic Ribeye (12)

Bradford Sauce

## Accompaniments

### Crispy Breakfast Hash Brown (2)

Buttered Grits (2)

Applewood Smoked Bacon (3)

Scrambled Eggs (2)

Sage Maple Sausage (3)

Steamed Asparagus (2)

Baked Sweet Potato (2)

## Beverages

Coffee - *Barnies Blend*

Cappuccino (3), Latte (3), Espresso (3)

Sodas (2): Coke, Diet Coke, Sprite, Ginger Ale, Tonic, Sparkling Water

Hot/Iced Tea, Lemonade

Juices (2): Cranberry, Orange, V8 Juice (*low sodium*)

Milk (1): Whole, Skim



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# Menu

Monday – Saturday July 1<sup>st</sup> – July 6<sup>th</sup>

## *Bread & Butter:*

Yeast Rolls  
Maple Bacon Butter

## *Sauces:*

Apple Bourbon Glaze, Pan Gravy,  
Dill Hollandaise

## *Starters*

### **Turkey & Wild Rice Soup (2)**

Tender Shredded Turkey & Wild Rice in a  
Rich Turkey Broth

### **Tomato Basil Soup (2)**

Chunky Tomatoes & Fresh Basil in a  
Creamy Stock

### **Hummus & Tabbouleh (3)**

Served with Pita Wedges

### **House Salad (2)**

Romaine, Tomatoes, Cucumber,  
Carrots, Onion,  
Choice of Dressing

### **Strawberry Salad (2)**

Sweet Strawberries, Field Greens, Toasted  
Pecans & Banana Bread Croutons with White  
Balsamic Vinaigrette

## *Entrées*

### **Pork Chop (12)**

Apple Bourbon Glaze

### **Chef's Creation (15)**

Ask Your Server about  
Today's Culinary Creation

### **Fresh Catch (12)**

Fresh Fish of the Day

### **Rosemary Chicken Sauté (12)**

Pan Gravy

### **Ratatouille Gratin (12)**

Vegetarian\*  
House Marinara

### **Grilled/Steamed Protein**

Chicken (7)  
Shrimp or Salmon (15)

## *Accompaniments*

### **Mediterranean Orzo (2)**

### **Roasted Maple Sweet Potatoes (2)**

### **Baked Potato (2)**

### **Baked Sweet Potato (2)**

### **Steamed Asparagus (2)**

### **Steamed Cabbage (2)**

### **Green Bean Almondine (2)**

### **Sweet Curried Cauliflower (2)**

## *Beverages*

Coffee - *Barnies Blend*

Cappuccino (3), Latte (3), Espresso (3)

Sodas (2): Coke, Diet Coke, Sprite, Ginger Ale,

Tonic, Sparkling Water

Hot/Iced Tea, Lemonade

Juices (2): Cranberry, Orange,  
V8 Juice (*low sodium*)

Milk (1): Whole, Skim

For reservations call 407-543-8248



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# Menu

## Weekly Theme Entrées

### MONDAY – Homestyle Day (15)

Fried Chicken, Mac & Cheese, & Corn

### TUESDAY – International Day (15)

Spaghetti & Meatballs, Garlic Knots & Italian Green Beans

### WEDNESDAY– Shrimp Day (15)

Shrimp & Cheese Grits

### THURSDAY– 4<sup>th</sup> of July

Grill Out Buffet at Cru 11:00 a.m. – 2:00 p.m.

18 Points for Resident – 25 Points for Guest

### FRIDAY– Favorites Day (15)

BBQ Baby Back Ribs, Baked Beans & Cole Slaw

### SATURDAY– Hearty Salad Day (15)

Country Cobb Salad

## Deli Sandwich Selections

### Fries, Chips, or side of Fruit (2)

*(Choice of White, Wheat & Rye Breads are Available for Substitution)*

### The Club (8.5)

Turkey, Ham, Bacon, American and Swiss Cheeses, Lettuce, Tomato on Toasted White Bread

### BLT (7.5)

Applewood Smoked Bacon, Lettuce, Tomato, Herb Mayo on Toasted White Bread

### Chicken, Tuna, or Egg Salad (8)

Served on Toasted Wheat Bread

### The Mayflower Burger (12)

Lettuce, Onion, Tomato, Pickle, Herb Mayo on a Toasted Brioche Bun

*Substitute Turkey, Chicken, or Beyond Meat for (2)*

### All Beef Hot Dog (7)

## To Go Info

### Hours of Operation

Monday – Saturday 11am – 7:30pm

Sundays/Holidays 11am – 3pm

Delivery Times 1:30pm, 4:30, 5:30pm

Last Pick Up 5:30pm / Sundays -2pm

*Delivery charge \$6.00*

### Place an order

407-672-1603

or

321-397-1152



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# Menu

## Desserts

### Dessert of the Day (3)

Ask your server

### Ice Cream (3)

Vanilla, Chocolate, Strawberry, *Variety*

### Frozen Yogurt (3)

Vanilla (*Sugar Free*), *Yogurt of the Day*

### Cookies (3)

Chocolate Chip, Oatmeal Raisin, *Variety*

### No Sugar Added (3)

Cheesecake, *Variety*

### Fruit (5)

Seasonal Assortment

(Ask your server for the days *Variety Selections!*)

