

# The Mayflower Assisted Living

# May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p align="center"><b>IN ROOM SUPPLIES AVAILABLE</b>  <b>CROSSWORD PUZZLES, WORD SEARCH, MUSIC, MAGAZINES AND NEWSPAPERS. WE CAN ALSO PROVIDE FACETIME CALLS. LET US KNOW HOW WE CAN ENHANCE YOUR IN ROOM ENJOYMENT! PLEASE DON'T HESITATE TO ASK.</b>  <b>CALL TRAYCE AT 407- 672-1620 x1121</b>  <b>Activities are Subject to Change***</b></p>			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
			<p>10:00 Devotions &amp; Hymns            10:30 Chair Exercise            11:00 Pet Visits with Thor            2:00 Craft Time            3:00 Refreshment Cart</p>	<p>10:00 Chair Exercise            10:30 Sing Along Time            2:00 Craft Time with Mary            3:00 Sixties By Two Band</p>	<p>10:00 Chair Exercise            10:30 Bingo            2:00 Balloon Toss            3:30 Horseshoe Game</p>	<p>10:00 Chair Exercise            11:00 Jewish Pavilion/IL            11:00 Sing Along Time            3:00 Bingo            4:00 Room Visits</p>
<b>CINCO DE MAYO 5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<p>9:00 Devotions            9:30 Catholic Mass            10:45 Chair Exercise            3:00 Janie's Variety Music Show &amp; Margaritas</p>	<p>10:00 Chair Exercise            10:30 Sing Along Time            2:00 Watercolor Hour            3:00 Exercise with Maddie</p>	<p>10:00 Chair Exercise            11:15 Episcopal Service-IL            2:00 Get Strong with Sarah            3:00 Refreshment Cart            5:00 Catholic Mass/IL</p>	<p>10:00 Devotions &amp; Hymns            10:30 Chair Exercise            2:00 Outdoor Strolls            3:00 Music Bingo</p>	<p>10:00 Chair Exercise            10:30 Creative Art Hour            3:00 Mother's Day Tea Party with Music by Fred Hodes</p>	<p>10:00 Chair Exercise            10:30 Bingo            2:00 Brain Games            3:30 Poetry on the Porch</p>	<p>10:00 Chair Exercise            11:00 Memory Chi            3:00 Bingo            4:00 Room Visits</p>
<b>MOTHER'S DAY 12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<p>9:00 Devotions            9:30 Catholic Mass            10:45 Chair Exercise            3:30 Music with Ginger!</p>	<p>10:00 Chair Exercise            10:30 Craft Time            3:00 Exercise with Maddie            4:00 Harmony 123 Children's Group</p>	<p>10:00 Chair Exercise            11:15 Episcopal Service-IL            2:00 Get Strong with Sarah            3:00 Music Bingo</p>	<p>10:00 Devotions &amp; Hymns            10:30 Chair Exercise            11:00 Pet Visits with Thor            2:00 Sing Along Time            3:00 Popsicles</p>	<p>10:00 Chair Exercise            10:30 Watercolor Hour            2:00 Craft Time with Mary            3:00 Sixties By Two Band</p>	<p>10:00 Chair Exercise            10:30 Bingo            2:00 Military Trivia            3:30 Resident's Choice</p>	<p><b>ARMED FORCES DAY</b></p> <p>10:00 Chair Exercise            11:00 Memory Chi            3:00 Bingo            4:00 Room Visits</p>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<p>9:00 Devotions            9:30 Catholic Mass            10:45 Chair Exercise            3:00 Janie's Variety Music Show</p>	<p>10:00 Chair Exercise            10:30 Sing Along Time            2:00 Music Bingo            3:00 Exercise with Maddie</p>	<p>10:00 Chair Exercise            11:15 Episcopal Service-IL            2:00 Get Strong with Sarah            3:00 Arts &amp; Crafts with Jackie</p>	<p>10:00 Devotions &amp; Hymns            10:30 Chair Exercise            3:00 Music with Jazzy Jon &amp; The Monthly Birthday Party</p>	<p>10:00 Chair Exercise            10:30 Outdoor Strolls            2:00 Resident Meeting            3:30 Refreshment Cart</p>	<p>10:00 Chair Exercise            10:30 Bingo            2:00 Ocean Bingo            3:30 Bean Bag Toss</p>	<p>10:00 Chair Exercise            11:00 Memory Chi            3:00 Bingo            4:00 Room Visits</p>
<b>26</b>	<b>MEMORIAL DAY 27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
<p>9:00 Devotions            9:30 Catholic Mass            10:45 Chair Exercise            3:30 Music with Ginger!</p>	<p>10:00 Chair Exercise            10:30 Patriotic Sing Along            2:00 Special Music with David Scott            3:30 Exercise with Maddie</p>	<p>10:00 Chair Exercise            11:15 Episcopal Service-IL            2:00 Get Strong with Sarah            3:00 Root Beer Floats</p>	<p>10:00 Devotions &amp; Hymns            10:30 Chair Exercise            2:00 Poolside Chats            3:00 Classical Music with Isaiah</p>	<p>10:00 Chair Exercise            10:30 Music Bingo            2:00 Creative Art Hour            3:30 Refreshment Cart</p>	<p>10:00 Chair Exercise            10:30 Bingo            2:00 Hand &amp; Nails Hour            3:30 Let's Bowl</p>	