

# Allerton Cove Calendar

THE MAYFLOWER  
AT WINTER PARK  
Distinctive Senior Living



# May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <b>National Nurses Week</b>	 <b>National Nursing Home Week</b> May 12th- 17th	01 9:30 Chair Yoga 10:30 Devotions 1:30 Card Club 3:00 Craig in Concert	02 Salon is Open 9:30 IN2L Exercise 10:30 Emily in Concert 1:30 Piano Concert 3:30 Bingo Club	03 9:30 Stretch and Flex 10:30 Nail Spa 1:30 IN2L Comedy Hour 3:00 Cinco de Mayo Early Celebration & Concert 6:00 Evening Cinema	04 9:30 Chair Yoga 10:00 Pet Visits w/MuMu 10:30 Music and Melodies 1:30 Mail Delivery 3:00 Ginger in Concert
05  9:30 St. Margaret Mary Live Stream Service 10:30 Patti and Rick 3:00 Tommy Lee in Concert National Nursing Home Week Begins	06 May 6th-10th 9:30 Stretch & Flex 10:30 Chris in Concert 1:30 Best Friends Connection 3:00 Trivia Hour Let's Celebrate the 1920's	07 Salon is Open 9:30 Balloon Exercise 10:30 Memory Garden 2:30 Pet Therapy 3:30 Bingo Club Let's Celebrate the 1970's	08 9:30 Chair Yoga 10:30 Devotions 1:30 Rummikub 3:00 Charlie in Concert Let's Celebrate the 1970's	09 Salon is Open 9:30 IN2L Exercise 10:30 Erik and Jules 1:30 Piano concert 3:00 Resident Council Meeting 3:30 Bingo Club Let's Celebrate the 1980's	10 9:30 Stretch & Flex 10:30 Nail Spa 1:30 Rummikub 2:45 Memory Chi 3:30 Pet therapy w/Goliath Let's Celebrate the 1990's	11 9:30 Chair Yoga 10:30 Andy Constanti in Concert 1:30 Mail Delivery 3:00 A. C Karaoke
12 9:30 St. Margaret Mary Live Stream Service 10:00 Pet Visits w/ Mumu 10:30 Music with Robert 1:00 Flower Delivery 3:00 60's by 2 Band 	13 9:30 Stretch and Flex 10:30 Ballroom Dancers 1:30 Best Friends Connections 3:00 Memory Magic	14 Nifty 1950's Salon is Open 9:30 Balloon Exercise 10:30 Travel Trivia 2:30 Ice Cream Social 3:30 Bingo Club	15 9:30 Chair Yoga 10:30 Devotions 11AM Pet Therapy 3:00 70's Party w/ David in Concert	16 1980's Salon is Open 9:30 IN2L Exercise 10:30 Nail Spa 1:30 Piano Concert 2:00 Popsicle Party 3:30 Dancing w/ Natasha Salon is Open	17 the 1990's 9:30 Stretch and Flex 10:30 Nora with Eddie 3:00 90's Beach Party with Tropical Music with Craig Thomas 	18 10:00 Pet Visit w/Mumu 10:30 Memories and Melodies 1:30 Mail Delivery 3:00 Ginger in Concert
19 9:30 St. Margaret Mary Live Stream 10:30 Bob and Sizla 3:00 Steve Moore in Concert	20 9:30 Stretch and Flex 10:30 Janie's Variety Show 2:00 Best Friends Connections 3:00 Travel Trivia 	21 Salon is Open 9:30 Balloon Exercise 10:30 Travel Trivia 2:30 Pet Therapy 3:30 Bingo Club Salon is Open	22 9:30 Chair Yoga 10:30 Devotions 1:30 Rummikub 3:00 Memory Magic National Senior Fitness Day	23 9:30 IN2L Exercise 10:30 Outdoor Strolls 1:30 Piano Concert 2:00 Card Club 3:30 Bingo Club Salon is Open	24 9:30 Stretch and Flex 10:30 Nail Spa 1:30 Trivia 3:00 Saxaphonia/Resident Birthday Party!	25 9:30 Chair Yoga 10:30 David Whitty 1:30 Mail Delivery 3:00 Nick in Concert
26 9:30 St. Margaret Mary Live Stream Service 10:30 60's by 2 Band 3:00 Tommy in Concert	27 9:30 Stretch and Flex 10:30 Ballroom Dancers 1:30 Best Friends Connections 3:00 Craig in Concert	28 Lunch Outing 9:30 Balloon Exercise 10:30 Crafts with Jackie 2:00 IN@L Travel Trivia 3:00 Bingo Club	29 9:30 Chair Yoga 10:30 Devotions 1:30 Rummikub 3:00 Memory Magic Activities are subject to change based on weather or Resident's Preferences	30 9:30 IN2L Exercise 10:30 Tracy in Concert 1:30 Piano Concert 2:00 Card Club 3:30 Bingo Club	31 9:30 Stretch and Flex 10:30 Nail Spa 1:30 Trivia 3:00 Painting Class with Howard	