


The Mayflower Assisted Living

April 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 10:00 Chair Exercise 10:30 Sing Along Time 2:00 Watercolor Hour 3:00 Exercise with Maddie	2 10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:00 Refreshment Cart 5:00 Catholic Mass/IL	3 10:00 Devotions & Hymns 10:30 Chair Exercise 11:00 Pet Visits with Thor 2:30 Music with Jazzy Jon & Happy Hour	4 10:00 Chair Exercise 10:30 Music Bingo 2:00 Colored Pencil Art Class 3:00 Refreshment Cart	5 10:00 Chair Exercise 10:30 Bingo 2:00 Balloon Toss 3:30 Poetry on the Porch	6 10:00 Chair Exercise 11:00 Jewish Pavilion/IL 11:00 Sing Along Time 3:00 Bingo 4:00 Room Visits	
	7 9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:00 Janie's Variety Music Show	8 10:00 Chair Exercise 10:30 Lakeside Strolls 1:30 Solar Eclipse Viewing 3:00 Exercise with Maddie	9 10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:00 Ice Cream Cones	10 10:00 Devotions & Hymns 10:30 Chair Exercise 2:00 Watercolor Hour 3:30 Poolside Chats	11 10:00 Chair Exercise 10:30 Sing Along Time 12:15 Lunch Music with Jazzy Jon 3:00 Sixties By Two Band	12 10:00 Chair Exercise 10:30 Bingo 2:00 Hand & Nails Hour 3:30 Let's Reminisce	13 10:00 Chair Exercise 11:00 Memory Chi 3:00 Bingo 4:00 Room Visits
	14 9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:30 Music with Ginger!	15 10:00 Chair Exercise 10:30 Sing Along Time 2:00 Watercolor Hour 3:00 Exercise with Maddie	16 10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:00 Arts & Crafts with Jackie	17 10:00 Devotions & Hymns 11:00 Pet Visits with Thor 10:30 Chair Exercise 2:30 Music with Jazzy Jon & The Monthly Birthday Party	18 10:00 Chair Exercise 10:30 Jingo Game 2:00 Resident Meeting 3:30 Outdoor Strolls	19 10:00 Chair Exercise 10:30 Bingo 2:00 Tabletop Bowling 3:30 Bug Bingo	20 10:00 Chair Exercise 11:00 Memory Chi 3:00 Bingo 4:00 Room Visits
	21 9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:00 Janie's Variety Music Show	22 10:00 Chair Exercise 10:30 Lakeside Strolls 2:00 Special Music with David Scott 3:30 Exercise with Maddie	23 10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:45 Harmony 123 Children's Group	24 10:00 Devotions & Hymns 10:30 Chair Exercise 2:00 Craft Time With Mary 3:30 Sing Along Time	25 10:00 Chair Exercise 10:30 Spring Flower Arranging 3:00 Sixties By Two Band	26 10:00 Chair Exercise 10:30 Bingo 2:00 Parachute Stretch 3:30 Trivia Time	27 10:00 Chair Exercise 11:00 Memory Chi 3:00 Bingo 4:00 Room Visits
	28 9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:30 Music with Ginger!	29 10:00 Chair Exercise 10:30 Sing Along Time 2:00 Craft Time with Mary 3:00 Exercise with Maddie	30 10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:00 Refreshment Cart	<p style="text-align: center;">IN ROOM SUPPLIES AVAILABLE</p> <p style="text-align: center;">CROSSWORD PUZZLES, WORD SEARCH, MUSIC, MAGAZINES AND NEWSPAPERS. WE CAN ALSO PROVIDE FACETIME CALLS. LET US KNOW HOW WE CAN ENHANCE YOUR IN ROOM ENJOYMENT!</p> <p style="text-align: center;">PLEASE DON'T HESITATE TO ASK.</p> <p style="text-align: center;">CALL TRAYCE AT 407- 672-1620 x1121</p> <p style="text-align: center;">Activities are Subject to Change***</p>			

