







# The Mayflower Assisted Living March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						
					<div>10:00 Chair Exercise 10:30 Bingo 2:00 Tabletop Bowling 3:30 Trivia Time</div>	<div>10:00 Chair Exercise 11:00 Jewish Pavilion/IL 11:00 Memory Chi 3:00 Bingo Bash 4:00 Room Visits</div>
<div>9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:00 Janie's Variety Music Show</div>	<div>10:00 Chair Exercise 10:30 Lakeside Strolls 2:00 Watercolor Class 3:00 Exercise with Maddie</div>	<div>10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:00 Craft Time 5:00 Catholic Mass/IL</div>	<div>10:00 Devotions &amp; Hymns 10:30 Chair Exercise 2:00 Music with Jazzy Jon 3:30 Poolside Chats</div>	<div>10:00 Chair Exercise 10:30 Donuts &amp; Coffee 3:00 Colored Pencil Art Class</div>	<div>10:00 Chair Exercise 10:30 Bingo 2:00 Popcorn &amp; Poetry 3:30 Bean Bag Toss</div>	<div>10:00 Chair Exercise 11:00 Memory Chi 3:00 Bingo Bash 4:00 Room Visits</div>
<div>DAYLIGHT SAVING TIME BEGINS 9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:30 Music with Ginger!</div>	<div>10:00 Chair Exercise 10:30 A Spring Craft 2:00 Watercolor Class 3:00 Exercise with Maddie</div>	<div>10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:00 Refreshment Cart</div>	<div>10:00 Devotions &amp; Hymns 10:30 Chair Exercise 11:00 Pet Visits with Thor 2:00 Lemonade &amp; Cookies 3:30 Outdoor Strolls</div>	<div>10:00 Chair Exercise 10:30 Sing Along Time 12:15 Lunch Music with Jazzy Jon 3:00 Sixties By Two Band</div>	<div>10:00 Chair Exercise 10:30 Bingo 2:00 Poolside Chats 3:30 Hand &amp; Nails Hour</div>	<div>10:00 Chair Exercise 11:00 Memory Chi 3:00 Bingo Bash 4:00 Room Visits</div>
<div>9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:00 St. Patty's Day Celebration with Janie</div>	<div>10:00 Chair Exercise 10:30 Sing Along Time 2:00 Watercolor Class 3:00 Exercise with Maddie</div>	<div>FIRST DAY OF SPRING 10:00 Chair Exercise 11:15 Episcopal Service/IL 2:00 Get Strong with Sarah 3:00 Arts &amp; Crafts with Jackie</div>	<div>10:00 Devotions &amp; Hymns 10:30 Chair Exercise 2:00 Music with Jazzy Jon 3:30 Refreshment Cart</div>	<div>10:00 Chair Exercise 10:30 Sing Along Time 2:00 Resident Meeting 3:30 Harmony 123 Children's Group</div>	<div>10:00 Chair Exercise 10:30 Bingo 2:00 Residents Choice 3:00 Kick Ball</div>	<div>10:00 Chair Exercise 11:00 Memory Chi 3:00 Bingo Bash 4:00 Room Visits</div>
<div>PALM SUNDAY 9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:30 Music with Ginger!</div>	<div>10:00 Chair Exercise 10:30 An Easter Craft 2:00 Special Music with David Scott 3:15 Exercise with Maddie</div>	<div>10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:00 Refreshment Cart</div>	<div>10:00 Devotions &amp; Hymns 10:30 Chair Exercise 11:00 Pet Visits with Thor 2:00 Sip &amp; Paint 3:30 Outdoor Strolls</div>	<div>10:00 Chair Exercise 10:30 Sing Along Time 3:00 Sixties By Two Band</div>	<div>GOOD FRIDAY 10:00 Chair Exercise 10:30 Bingo 2:00 Easter Devotions 3:30 Jingo Game</div>	<div>10:00 Chair Exercise 11:00 Memory Chi 3:00 Bingo Bash 4:00 Room Visits</div>
<div>EASTER SUNDAY 9:30 Catholic Mass 10:45 Chair Exercise 3:00 An Easter Treat &amp; Special Music with Rick &amp; Patti</div>	<div></div>					<div>IN ROOM SUPPLIES AVAILABLE CROSSWORD PUZZLES, WORD SEARCH, MUSIC, MAGAZINES AND NEWSPAPERS. WE CAN ALSO PROVIDE FACETIME CALLS. LET US KNOW HOW WE CAN ENHANCE YOUR IN ROOM ENJOYMENT! PLEASE DON'T HESITATE TO ASK. CALL TRAYCE AT 407- 672-1620 x1121 Activities are Subject to Change***</div> <div></div>