


# The Mayflower Assisted Living

# February 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b>	<b>2</b> <b>Ground Hog Day</b>	<b>3</b>
				10:00 Chair Exercise 10:30 Sing Along Time 3:00 <b>Sixties By Two Band</b>	10:00 Chair Exercise 10:30 Bingo 2:00 Tabletop Bowling 3:30 Ground Hog Day Trivia	10:00 Chair Exercise 11:00 <b>Jewish Pavilion/IL</b> 11:00 <b>Memory Chi</b> 3:00 Bingo Bash 4:00 Room Visits
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:00 <b>Janie's Variety Music Show</b>	10:00 Chair Exercise 10:30 Outdoor Strolls 2:00 Watercolor Class 3:00 Exercise with Maddie	10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:00 Refreshment Cart 5:00 Catholic Mass/IL	10:00 Devotions & Hymns 10:30 Chair Exercise 11:00 <b>Pet Visits with Thor</b> 2:00 <b>Music with Jazzy Jon</b> 3:30 Refreshment Cart	10:00 Chair Exercise 12:15 <b>Jazzy Jon &amp; the Monthly Birthday Party</b> 3:00 Music & Motion Sing Along	10:00 Chair Exercise 10:30 Bingo 2:00 Craft Time 3:30 Spa Hour	10:00 Chair Exercise 11:00 <b>Memory Chi</b> 3:00 Bingo Bash 4:00 Room Visits
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:30 <b>Music with Ginger!</b>	10:00 Chair Exercise 10:30 Sing Along Time 2:00 <b>Craft Time with Mary</b> 3:00 Exercise with Maddie	10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:00 Refreshment Cart	<b>HAPPY VALENTINE'S DAY!</b> 10:00 Devotions & Hymns 10:30 Chair Exercise 3:00 <b>Valentines Day Ice Cream Social</b> <b>ASH WEDNESDAY</b>	10:00 Chair Exercise 10:30 Sing Along Time 2:00 Outdoor Strolls 3:00 <b>Sixties By Two Band</b>	10:00 Chair Exercise 10:30 Bingo 2:00 Penny Ante Game 3:30 Colored Pencil Art Class	10:00 Chair Exercise 11:00 <b>Memory Chi</b> 3:00 Bingo Bash 4:00 Room Visits
<b>18</b>	<b>19</b> <b>PRESIDENT'S DAY</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:00 <b>Janie's Variety Music Show</b>	10:00 Chair Exercise 10:30 Outdoor Strolls 2:00 Watercolor Class 3:00 Exercise with Maddie	10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:00 <b>Arts &amp; Crafts with Jackie</b>	10:00 Devotions & Hymns 10:30 Chair Exercise 2:00 <b>Music with Jazzy Jon</b> 3:30 <b>Resident Meeting</b>	10:00 Chair Exercise 10:30 Craft Time 3:00 Music & Motion Sing Along	10:00 Chair Exercise 10:30 Bingo 2:00 Bean Bag Toss 3:30 Sing Along Time	10:00 Chair Exercise 11:00 <b>Memory Chi</b> 3:00 Bingo Bash 4:00 Room Visits
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>IN ROOM SUPPLIES AVAILABLE</b> <b>CROSSWORD PUZZLES, WORD SEARCH, MUSIC, MAGAZINES AND NEWSPAPERS. WE CAN ALSO PROVIDE FACETIME CALLS. LET US KNOW HOW WE CAN ENHANCE YOUR IN ROOM ENJOYMENT! PLEASE DON'T HESITATE TO ASK. CALL TRAYCE AT 407- 672-1620 x1121</b>	
9:00 Devotions 9:30 Catholic Mass 10:45 Chair Exercise 3:30 <b>Music with Ginger!</b>	10:00 Chair Exercise 10:30 Sing Along Time 2:00 <b>Special Music with David Scott</b> 3:00 Exercise with Maddie	10:00 Chair Exercise 11:15 Episcopal Service-IL 2:00 Get Strong with Sarah 3:00 Refreshment Cart	10:00 Devotions & Hymns 10:30 Chair Exercise 2:00 Watercolor Class 3:30 Music Bingo	10:00 Chair Exercise 10:30 Craft Time 3:00 Music & Motion Sing Along		

Activities are Subject to Change\*\*\*