



THE MAYFLOWER

AT WINTER PARK

PREPARING FOR ADMISSION

- Be prepared to sign admission forms. If you need help, have your representative, power of attorney, or family member available to work with us prior to your admission. If you have any Advance Directive documents (DNR, Living Will, POA, SURR), bring them with you so we may make copies for our records.
- Bring all Medical Insurance cards so we may verify your insurance and coverage. Please include any commercial and long-term care insurance cards/plans you have, such as Medicare A & B, and secondary insurance information or prescription plans.
- Bring a week's worth of machine washable clothing: sneakers or rubber-soled shoes, socks, undergarments, comfortable slacks or other clothing with a stretch waist. Tops can have long- or short-sleeves, but also bring sweaters or jackets for changes in temperature.
- Laundry may be done here, or you may wish to make private arrangements. Please note that we use institutional-type washers and dryers; therefore, delicate fabrics should not be washed. *Please label all clothing.*
- A barber and hairdresser are available on-site, by appointment, for your convenience. A price list will be provided.
- You may participate in the many recreational activities, which are posted and announced daily.
- Meals are served in the dining room. Guests' meals are available with advance notice, and an additional fee will apply. Please register guests at the nurse's station.
- Guests must sign-in downstairs at the reception desk. Suggested visiting hours are from 9 a.m. to 9 p.m.
- Reading materials are available in the library.
- TV's are available for use during the day until 10 p.m. As a courtesy to others, headphones are available if needed.

WHAT TO BRING

Comfortable Clothing

Please label all clothing with last name.

- Shirts/blouses
- Sweaters/jackets
- Bras
- Pants/shorts (elastic waists and easy closure)
- Underwear (1 week supply)
- Socks (1 week supply)
- Jogging/sweat suits
- Pajamas/night gowns
- Robes
- Shoes (flat with non-skid soles)

Reminder of Home

- Pictures
- Hobby items
- Stationery/address book/stamps

Personal Items

Although we provide these items, you may wish to bring your own personal brands.

- Shampoo
- Deodorant
- Toothbrush and toothpaste
- Comb/hair brush
- Razor (non-electric)
- Hair dryer

Other Items

Be sure these items are added to your inventory.

- Hearing aids and batteries
- Makeup
- Dentures & denture supplies (if needed)

What NOT to bring

- Medicine (prescription or over the counter)
- Valuables (jewelry)
- Credit cards
- More than \$10 cash
- Nicotine of any kind
- Recreational drugs/alcohol