

CCRCs Put You in Control ...

“But, Don’t Wait Too Long,” Says Experienced Financial Planner

As an experienced financial planner, Elizabeth Brothers understands the importance of looking ahead, anticipating change and taking control wherever you can. And that’s why she’s a believer in continuing care retirement communities.

“All my financial training has taught me to hope for the best, but prepare for the worst — so I believe in defensive living,” says Elizabeth, a new Mayflower resident, who began conducting lectures and seminars advising women about finance and investment

in the 1960s. **“It’s important in financial planning to know that you have some control over medical costs. Choosing a CCRC enables you to plan. Otherwise, you have no control over what the future will hold.”**

According to Elizabeth, the ideal age for people to move to retirement communities is when they’re in their late 60s or early 70s. Most, she says, make the move too late in life. **“If you wait too long, you can’t enjoy everything a CCRC has to offer,”** she observes.

Elizabeth practices what she preaches: She moved to The Mayflower last year. But, living in a retirement community hasn’t altered her busy lifestyle a bit. The former Associate Vice President of Development at Rollins College still pursues her work

as a planned giving consultant, helping local charities find qualified staff and launch planned giving programs. She remains actively involved in the Financial Luncheon Group at the University Club of Winter Park, where she is responsible for finding speakers

on topics such as taxation, investment, estate planning and philanthropy. An avid music lover, Elizabeth never misses a concert or an opera.

“Many people think that when you move to a retirement community, you give up your independence — but the exact opposite is true,” she observes. **“At The Mayflower, you have complete freedom to do whatever you want to do. All you give up are the worries.”**



Elizabeth Brothers